WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast Served with cereals, yoghurts, toast daily	Scrambled Eggs, Baked Beans, Grilled Bacon	Continental Breakfast	English Breakfast	Poached eggs, bacon and beans	Boiled eggs with muffins	Bacon baps and pastries	Hot porridge with choice of pastries
Morning snack	Rice cake with hummus dip	Bread and butter with veg sticks	Cheese and flatbread	Sausage pastry	American pancakes		
Soup served at Lunch served with homemade bread	Chef's Homemade Soup	Chef's Homemade Soup	Chef's Homemade Soup	Chef's Homemade Soup	Chef's Homemade Soup		
Lunch with Full Salad Bar And a choice of seasonal vegetables	Thai green chicken with pad thai noodles Thai green vegetable curry (veg)	Roast Lemon Thyme Chicken, Roast Potatoes Stuffed peppers with feta and couscous (veg)	Mediterranean beef strips and tortilla wrap with roast veg Spiced Quorn nuggets (veg)	Macaroni cheese with choice of toppings	Fish & Chips Day Halloumi Burger (veg)	Chef's choice	Sunday roast
Dessert (Jelly and fruit daily)	Yoghurt, Fresh Fruit and toppings	Cheesecake	Yoghurt, Fresh Fruit and toppings	Caramel & Chocolate Mousse	Yoghurt, Fresh Fruit and toppings	Yoghurt, Fresh Fruit and toppings	Yoghurt, Fresh Fruit and toppings
Afternoon snack	Biscuits	Vanilla shortbread	Waffles	Cake of the day	Friday surprise		
Supper with Basic Salad Bar	Crispy chilli beef and rice Veg chilli with rice	Gyros with lamb or veg in Pitta with sauces and potato wedges	Cottage pie with mash topping and veg Vegetable pie with mash (veg)	Dumplings with Crispy Noodles Pan Fried Garlic Courgettes	Pasta bake with garlic bread slices	Breaded Chicken or halloumi strips with buns and salads	Make your own pizza
Desserts	Fresh fruits	Fresh fruits	Fresh fruits	Fresh fruits	Fresh fruits		

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast Served with cereals, yoghurts, toast daily	Scrambled Eggs, Baked Beans, Grilled Bacon	Continental Breakfast	English Breakfast	Poached eggs, bacon and beans	Boiled eggs with muffins	Bacon baps and pastries	Hot porridge with choice of pastries
Morning snack	Pancake	Bread and butter with veg sticks	Cheese and crackers	Pizza slice	Flapjacks		
Soup served at Lunch served with homemade bread	Chef's Homemade Soup	Chef's Homemade Soup	Chef's Homemade Soup	Chef's Homemade Soup	Chef's Homemade Soup		
Lunch with Full Salad Bar And a choice of seasonal vegetables	Beef meatballs with rice and tomato sauce Veg nuggets (veg)	Roast chicken with roast potatoes Veg canneloni (veg)	Beef Lasagne and garlic slices Sweet potato and chickpea curry with rice	Pasta Bar with toppings to choose from	Fish & Chips Day Smokey roast bean burger with carrots	Chef's choice	Sunday roast
Dessert (Jelly and fruit daily)	Yoghurt, Fresh Fruit and toppings	Eton Mess	Yoghurt, Fresh Fruit and toppings	Sweet tarts	Yoghurt, Fresh Fruit and toppings	Yoghurt, Fresh Fruit and toppings	Yoghurt, Fresh Fruit and toppings
Afternoon snack	Biscuits	Vanilla shortbread	Waffles	Cake of the day	Friday surprise		
Supper with Basic Salad Bar	Burgers with toppings and potato wedges	Chilli beef or veg tortillas with mexican rice	Turkey escalopes or quorn fillet with noodles and stir fry	Pulled brisked of beef with jacket potato or pulled mushrooms	Broccoli and feta pasta bake with garlic bread slices	Chicken or quorn fillets with buns and salads	Make your own pizza
Desserts	Fresh fruits	Fresh fruits	Fresh fruits	Fresh fruits	Fresh fruits	Fresh fruits	Fresh fruits

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast Served with cereals, yoghurts, toast daily	Scrambled Eggs, Baked Beans, Grilled Bacon	Continental Breakfast	English Breakfast	Poached eggs, bacon and beans	Boiled eggs with muffins	Bacon baps and pastries	Hot porridge with choice of pastries
Morning snack	Rice cake with meat or cheese slice	Bread and butter with veg sticks	Cheese scones	Sausage pastry	Cheese and biscuits		
Soup served at Lunch served with homemade bread	Chef's Homemade Soup	Chef's Homemade Soup	Chef's Homemade Soup	Chef's Homemade Soup	Chef's Homemade Soup		
Lunch with Full Salad Bar And a choice of seasonal vegetables	Sausage and mashed potatoes with brown onion gravy Leek and mushroom pasta bake	Roast pork with roasted potatoes and vegetables BBQ veg and halloumi skewers (veg)	Chicken kornma with basmati rice Spinach and mushroom quiche with herbed potatoes	Beef enchilladas with rice and sauces Veg enchilladas with rice and sauces	Fish & Chips Day	Chef's choice	Sunday roast
Dessert	Yoghurt, Fresh Fruit and toppings	English trifle	Yoghurt, Fresh Fruit and toppings	Carrot and pineapple cake	Yoghurt, Fresh Fruit and toppings	Yoghurt, Fresh Fruit and toppings	Yoghurt, Fresh Fruit and toppings
Afternoon snack	Biscuits	Vanilla shortbread	Waffles	Pancakes with syrup	Friday surprise		
Supper with Basic Salad Bar	Burger or veg burger with crispy onions and coleslaw with fries	Beef or veg casserole with rice	Crumbed chicken with potato bake	Sticky chicken thighs with stir fry green vegetables and rice	Jumbo spring rolls with eggs fried rice	Hotdogs and fries	Make your own pizza
Dessert	Fresh fruits	Fresh fruits	Fresh fruits	Fresh fruits	Fresh fruits	Fresh fruits	Fresh fruits